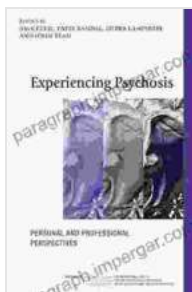


Personal and Professional Perspectives: The International Society for Interpersonal Psychotherapy (ISIPT)

Are you looking for a comprehensive resource on interpersonal psychotherapy (IPT)? Look no further than the International Society for Interpersonal Psychotherapy (ISIPT)! Our book, "Personal and Professional Perspectives: The International Society for Interpersonal Psychotherapy (ISIPT)," is the definitive guide to IPT, covering everything from its history and theoretical foundations to its clinical applications and research findings.

What is IPT?

IPT is a time-limited, structured psychotherapy that focuses on the relationship between interpersonal problems and mental health. It was developed by Gerald Klerman and Myrna Weissman in the 1970s, and has since become one of the most widely used psychotherapies in the world. IPT is based on the premise that interpersonal problems can lead to a variety of psychological symptoms, such as depression, anxiety, and relationship difficulties. By addressing these interpersonal problems, IPT helps people to improve their mental health and well-being.



Experiencing Psychosis: Personal and Professional Perspectives (The International Society for Psychological and Social Approaches to Psychosis Book Series) by Jim Geekie

★ ★ ★ ★ ☆ 4.5 out of 5

Language : English

File size : 2287 KB

Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 250 pages



What's in the Book?

Our book, "Personal and Professional Perspectives: The International Society for Interpersonal Psychotherapy (ISIPT)," is a comprehensive guide to IPT. The book includes chapters on the following topics:

- The history of IPT
- The theoretical foundations of IPT
- The clinical applications of IPT
- The research findings on IPT
- The future of IPT

The book is written by a team of leading experts in the field of IPT. These experts provide a wealth of insights into the theory, practice, and research of IPT. The book is also filled with case studies and examples that illustrate how IPT can be used to help people with a variety of mental health problems.

Who Should Read This Book?

This book is essential reading for anyone who is interested in IPT. It is a valuable resource for clinicians, researchers, and students. The book is

also a great choice for anyone who is struggling with mental health problems and is looking for a proven, effective therapy.

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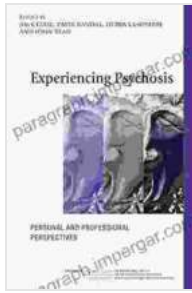
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****Keywords:**** interpersonal psychotherapy, IPT, depression, anxiety, relationship problems, mental health, therapy, counseling, psychotherapy book

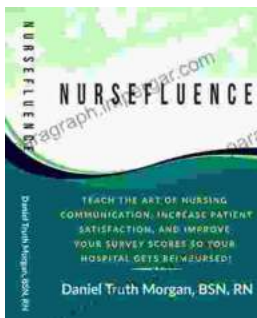
****Alt attributes:****

- Book cover of "Personal and Professional Perspectives: The International Society for Interpersonal Psychotherapy (ISIPT)"
- A group of people talking and laughing
- A woman sitting on a couch talking to a therapist
- A man and woman hugging
- A group of people working together

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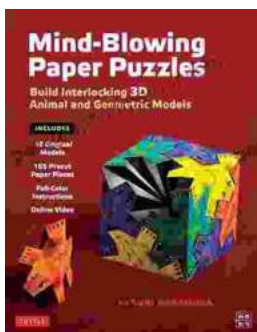


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