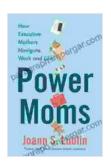
How Executive Mothers Navigate Work And Life

Being an executive mother is a challenging but rewarding experience. On the one hand, you have the opportunity to make a real difference in your career and in the lives of your children. On the other hand, you also have to juggle the demands of work and family, which can be overwhelming at times.



Power Moms: How Executive Mothers Navigate Work

and Life by Joann S. Lublin

★ ★ ★ ★ 4.4 out of 5 Language : English File size : 1510 KB Text-to-Speech : Enabled Enhanced typesetting: Enabled Word Wise : Enabled Screen Reader : Supported X-Ray : Enabled Print length : 285 pages



If you're an executive mother, or if you're considering becoming one, this book is for you. In How Executive Mothers Navigate Work And Life, you'll find practical advice on how to:

- Balance work and family
- Manage stress
- Achieve your goals

This book is based on the experiences of dozens of executive mothers who have successfully navigated the challenges of work and family. You'll learn from their mistakes and successes, and you'll get the tools you need to create a fulfilling life for yourself and your children.

Here are just a few of the things you'll learn in this book:

- How to set priorities and manage your time effectively
- How to communicate effectively with your boss, your spouse, and your children
- How to find childcare and other support services that meet your needs
- How to cope with stress and avoid burnout
- How to achieve your career goals without sacrificing your family life

If you're ready to take your career and your family life to the next level, then this book is for you. Free Download your copy today and start navigating the challenges of work and life with confidence.

Reviews

"This book is a must-read for any executive mother. It's full of practical advice and insights that will help you succeed in both your career and your personal life." - Sheryl Sandberg, COO of Facebook

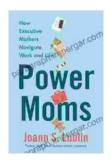
"This book is a lifeline for executive mothers. It provides the tools and support we need to create a fulfilling life for ourselves and our children." - Marissa Mayer, CEO of Yahoo

"This book is a game-changer for executive mothers. It's the only book I know of that provides such comprehensive advice on how to balance work and family." - Anne-Marie Slaughter, former Director of Policy Planning for the U.S. State Department

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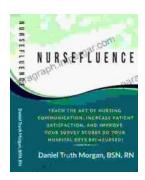


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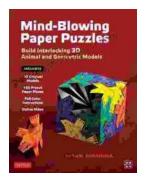
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